If the LCD provides a Vee (negative voltage) output pin, just only a pot is required to adjust the voltage. If LCD doesn't come with an internal DC converter, you have to build it by yourself. Using a MAX759 is the easiest and most flexible solution.

(*1) graphical LCDs mostly require a negative voltage to drive the Liquid crystal cells.

IMPORTANT: this pinning is valid for MIOS V1.7 and higher!

The CS# lines were connected to different outputs in older MIOS versions.

see http://www.ucapps.de/mbhp/mbhpGlcd0_expired.pdf